



Sales list 6/11 - 7/2

Bulk Department	Product Name	Size	Sale	Coupons
Bulk	Organic Shelled Walnut Halves and Pieces	per pound	9.99	
Bulk	Organic Sunflower Kernels, Pasteurized	per pound	2.99	
Bulk	Organic Yellow Popcorn	per pound	1.39	
Equal Exchange	Select Organic Coffee Blends	per pound	8.99	

Refrigerated	Product Name	Size	Sale	Coupons
Bellwether Farms	Sheep's Milk Plain Yogurt	16 oz	4.69	
Brown Cow Creamery	Creamtop Yogurt	32 oz	2.99	
Bubbies	Pure Kosher Dills	16 oz	4.39	
Bubbies	Large Kosher Dills	33 oz	5.69	
Bubbies	Bread & Butter Pickles	33 oz	5.69	
Bubbies	Bread & Butter Chips	16 oz	4.39	
Daiya	Dairy Free Greek-Style Yogurt	5.3 oz	2/\$3	
Hail Merry	Macaroon Bites	3.5 oz	2.99	
Hail Merry	Tarts	3 oz	2.99	
Harmless Harvest	Organic Raw Coconut Water	16 oz	3.99	
Kevita	Organic Kombucha and Tonics	15.2 oz	2/\$5	
Living Harvest	Tempt Coconut Hempmilk, Unsweetened	32 oz	2.69	
Nancy's	Organic Nonfat Plain Yogurt	32 oz	3.99	
Nancy's	Organic Whole Milk Plain Yogurt	32 oz	3.99	
Nancy's	Organic Lowfat Plain Yogurt	32 oz	3.99	
Nancy's	Organic Kefir	8 oz	1.39	
Nancy's	Organic Kefir	32 oz	4.69	
Nancy's	Lowfat Cottage Cheese	16 oz	2.99	
Organic Valley	Organic Pasteurized Sliced Muenster	6 oz	4.39	
Organic Valley	Organic Pasteurized Sliced Provolone	6 oz	4.39	
Organic Valley	Organic Pasteurized Sliced Baby Swiss	6 oz	4.99	
Ripple Foods	Non-Dairy Chocolate Milk	48 oz	3.99	\$1.00 off any item
Ripple Foods	Dairy Free Vanilla Half & Half	16 oz	2.99	\$1.00 off any item
Straus	Organic Whole Milk Plain Yogurt	16 oz	3.39	
Straus	Organic Whole Milk Plain Yogurt	32 oz	7.69	
Straus	Organic Nonfat Plain Yogurt	32 oz	7.69	
Tofurky	Deli Slices	5.5 oz	2.99	55¢ off any item
Tofurky	Slow Roasted BBQ Chick'n Chunks	8 oz	2.99	55¢ off any item
Wildbrine	Organic Sauerkraut	18 oz	4.69	

Frozen	Product Name	Size	Sale	Coupons
Alden's	Organic Ice Cream	48 oz	5.99	
Amy's Kitchen	Pad Thai	9.5 oz	4.69	
Amy's Kitchen	Thai Green Curry	10 oz	4.69	
Amy's Kitchen	Gluten Free Chinese Noodles w/ Vegetables	9.5 oz	4.69	
Almond Dream	Non Dairy Ice Cream	pint	2.99	
Almond Dream	Lil' Dreamers Ice Cream Sandwiches	8 pack	2.99	
Almond Dream	Chocolate Covered Ice Cream Bites	6.6 oz	2.99	



Over 100 more deals on our shelves!

Not all sales items are listed. Not every item may be available.

Frozen	Product Name	Size	Sale	Coupons
Cascadian Farms	Organic Frozen Fruit	8-10 oz	2/\$6	
Coolhaus	Cookie and Ice Cream Sandwiches	5.8 oz	2/\$7	
Rice Dream	Frozen Dessert Pies	3.4-3.7 oz	5/\$5	
Rudi's	Organic Whole Wheat Hamburger Bun	18 oz	3.99	
Rudi's	Organic Wheat Hamburger Buns	18 oz	3.99	
Rudi's	Organic Wheat Hot Dog Buns	12 oz	2.99	
So Delicious	Cashew Milk Ice Cream	pint	3.99	
So Delicious	Organic Creamy Vanilla Ice Cream	quart	5.39	
So Delicious	Organic Chocolate Velvet Ice Cream	quart	5.39	
Sweet Earth	Teriyaki Veggie Burger	6 oz	2/\$6	

Grocery	Product Name	Size	Sale	Coupons
Ahhhlaska!	Ahh!Some Organic Chocolate Dairy-Free Syrup	22 oz	4.99	
Annie's Homegrown	Honey Graham Crackers	14.4 oz	3.39	
Annie's Homegrown	Organic Buttery Rich Crackers	6.5 oz	2/\$5	
Annie's Homegrown	Organic Bunnies Snack Mix	9 oz	3.39	
Annie's Naturals	Salad Dressing	8 oz	1.99	
Annie's Naturals	Organic Salad Dressing	8 oz	2.39	
Barnana	Organic Banana Bites	3.5 oz	3.99	
Cascadian Farms	Organic Breakfast Cereals	8.6-14.6 oz	2.99	
Chatham	Seasoned Croûtons	5 oz	1.69	
Chocolove	Almond Butter Cups	1.2 oz	4/\$5	
Chocolove	Peanut Butter Cups	1.2 oz	4/\$5	
Clif	Energy Bars	2.4 oz	5/\$5	
Daiya	Dairy Free Cheezy Mac	10.6 oz	3.39	
Daiya	Dairy Free Cheese-Style Sauces	14.2 oz	4.69	
Daiya	Dairy Free Creamy Dressings	8.36 oz	3.39	
Dandies	Vegan Marshmallows	10 oz	3.49	
Endangered Species	Chocolate Bars	3 oz	2/\$4	
Essentia	Bottled Water	1.5 liter	1.69	
Garden of Eatin'	Corn Chips	7.5-8.1 oz	2/\$4	
Glee Gum	Chewing Gum Box	16 pc	0.99	
Glee Gum	Chewing Gum Pouch	75 pc	2.69	
Hansen's	Natural Soda	6 pack	2.69	
Happy Baby	Happy Yogis Organic Yogurt Snacks	1 oz	2.99	
Happy Baby	Happy Creamies Organic Non Dairy Fruit Snacks	1 oz	2.99	
Henry and Lisa's	Wild Alaskan Pink Salmon	6 oz	3.69	
High Brew	Ready to Drink Coffee Beverages	8 oz	1.99	
Kettle	Potato Chips	5 oz	2/\$4	
Lakewood	Organic Pomegranate Juice Blend	32 oz	3.39	
Lakewood	Organic Pomegranate-Blueberry Juice	32 oz	3.39	
Lakewood	Organic Pomegranate-Cranberry Juice	32 oz	3.39	
Late July	Tortilla Chips	5.5 oz	2/\$4	
Lotus Foods	Organic Specialty Rice Varieties	15 oz	3.99	
Lucini	Organic Pasta Sauce	25.5 oz	6.39	
Lucini	Balsamic Vinegar	8.5 oz	9.99	
Maranatha	Organic Creamy Salted Peanut Butter	16 oz	4.99	
Maranatha	Organic Crunchy Salted Peanut Butter	16 oz	4.99	
Mary's Gone Crackers	Organic Seed Crackers	5.5-6.5 oz	3.69	
Montebello	Organic Pasta	1 lb	2.99	
Muir Glen	Organic Salsa	16 oz	2.99	
Nature's Path	Organic Love Crunch Granola	11.5 oz	3.39	
Newman's Own	Fig Newmans Bar Cookies	10 oz	3.39	



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Grocery	Product Name	Size	Sale	Coupons
Newman's Own	Oatmeal Chip Cookies	7 oz	2.69	
Newman's Own	Ginger Snap Cookies	6.5 oz	2.69	
Newman's Own	Spelt Ginger Snaps	6.5 oz	2.69	
Que Pasa	Organic Corn Chips	16 oz	2/\$6	
Que Pasa	Organic Sweet and Spicy Ranch Tortilla Chips	5.5 oz	2/\$4	
Rice Dream	Organic Enriched Rice Beverage	64 oz	4.39	
Rice Dream	Organic Enriched Rice Drink Single Serving	4 pack	4.39	
R.W. Knudsen	Vita Juice Blends	32 oz	2.79	
Santa Cruz Organics	Organic Limeade	32 oz	2/\$3	
Santa Cruz Organics	Organic Lemonade and Lemonade Blends	32 oz	2/\$3	
Santa Cruz Organics	Organic Chocolate Syrup	15.5 oz	3.99	
Snyders	Gluten Free Pretzel Sticks	8 oz	2.69	
Soy Dream	Organic Enriched Soy Beverage	64 oz	5.39	
Soy Dream	Organic Enriched Vanilla Soy Beverage	64 oz	5.39	
Spectrum	Organic Extra Virgin Olive Oil	25.4 oz	8.99	
Teeccino	Chicory Root Herbal Tea Blends	10 bags	3.99	
Vermont Smoke and Cure	Meat Snack Sticks	1 oz	3/\$4	
Walnut Acres	Organic Baked Beans	15 oz	2.49	
Walnut Acres	Organic Maple and Onion Baked Beans	15 oz	2.49	
Westbrae	Organic Canned Beans	15 oz	3/\$5	
Woodstock	Organic Tomato Ketchup Squeeze	20 oz	2.39	
Woodstock	Organic Mustard	8 oz	1.99	
Woodstock	Organic Sweet Relish	16 oz	3.69	
Woodstock	Organic Bread & Butter Pickles	24 oz	3.69	
Woodstock	Organic Baby Kosher Dills	24 oz	4.39	
Woodstock	Organic Kosher Dills	24 oz	3.69	
Woodstock	Organic Kosher Dill Slices	24 oz	3.69	
Woodstock	Organic Sauerkraut	16 oz	2.99	
Woodstock	Organic Pickled Baby Carrots	16 oz	4.39	
Woodstock	Organic Jalapeño Relish	16 oz	3.69	

Home & Pet	Product Name	Size	Sale	Coupons
Bio-Kleen	Household Spray Cleaner	32 oz	3.69	
Bio-Kleen	Bac-Out Enzyme Cleaner	32 oz	5.99	
Bio-Kleen	Bac-Out Foaming Action Cleaner	32 oz	6.99	
Bio-Kleen	Bac-Out Lemon-Thyme Freshening Spray	16 oz	4.39	
Ecover	Auto Dishwasher Powder	48 oz	4.99	
Ecover	Auto Dish Tablets	17.6 oz	4.39	
Ecover	Rinse Aid for Dishwashers	16 oz	4.39	
Ecover	Auto Dishwasher Liquid	25 oz	2.99	
Seventh Generation	Concentrated Laundry Detergent	100 oz	11.99	
Seventh Generation	Fabric Softener	32 oz	4.49	

Wellness	Product Name	Size	Sale	Coupons
Andalou Naturals	Kukui and Cocoa Body Butter	8 oz	5.99	
Andalou Naturals	1000 Roses Body Lotion	8 oz	4.99	
Andalou Naturals	1000 Roses Body Butter	8 oz	5.99	
Crystal	Travel Stick Mineral Deodorant	1.5 oz	1.99	
Crystal	Roll-On Mineral Deodorant	2.25 oz	3.39	
Crystal	Mineral Pomegranate Body Spray	4 oz	3.39	
Crystal	Mineral Deodorant Spray	4 oz	2.99	
Desert Essence	Thoroughly Clean Face Wash	8.5 oz	6.99	
Desert Essence	Natural Cleansing Pads	50 ct	5.99	



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Wellness	Product Name	Size	Sale	Coupons
Desert Essence	Travel Size Facial Wash	4 oz	3.99	
Desert Essence	Shampoos and Conditioners	8 oz	5.99	
Desert Essence	Body Lotion	8 oz	5.99	
Elemental Herbs	All Good Goop Healing Balm	1 oz	6.99	
Elemental Herbs	All Good Goop Healing Balm	2 oz	10.99	
Elemental Herbs	All Good Deodorant	2.5 oz	5.99	
Essential Oxygen	Organic Brushing Rinse, Peppermint	16 oz	8.99	
Essential Oxygen	Organic Brushing Rinse, Peppermint	3 oz	3.99	
Essential Oxygen	Hydrogen Peroxide, 3%	8 oz	5.99	
Essential Oxygen	Mint Tooth Polish	2 oz	5.99	
EO	EveryOne Body Lotion	32 oz	7.99	
EO	EveryOne Soap	32 oz	7.99	
EO	EveryOne Kids Head to Toes Soap	32 oz	7.99	
EO	EveryOne Liquid Hand Soap	12.75 oz	3.99	
EO	EveryOne Sanitizing Hand Wipes	30 ct	4.99	
EO	EveryOne Baby Wash, Chamomile Lavender	12.75 oz	5.99	
EO	EveryOne Baby Lotion, Chamomile Lavender	8 oz	4.99	
Jason	Dandruff Relief Shampoo	12 oz	8.99	
Kirk's	Castile Bar Soap	4 oz	1.49	
Naturtint	Natural Hair Color	Box Kit	12.99	
Seaweed Bath Company	Citrus Vanilla Body Cream	6 oz	8.99	



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