

Half Sandwich \$4.50	Whole Sandwich \$7.75
Peanut Butter & Jelly \$3.50	
Bread Choices Choose 1	Vegetables
 Beck's Rustic Country Sliced North Coast Co-op Sourdough Sliced Beck's Whole Wheat Sliced Beck's Rye Sliced Only available as a whole sandwich Alvarado Street Sprouted Bread Brio Focaccia Roll 	 Organic Lettuce Organic Spinach Organic Tomato Organic Red Onions Organic Carrots Organic Cucumbers Dill Pickle Pepperoncinis Jalapeño Black Olives
Brio Lady Bug Rolls Option Without Gluten	Protein Choices Choose 1
Arise Bakery Bread Teff wraps Wraps (whole only) Whole Wheat Spinach	(Extra portion add \$2)
Condiments	Bacon (4 slices)
 Mayonnaise Organic Vegan Mayonnaise Organic Brown Mustard Organic Olive Oil Organic Red Wine Vinegar 	Diestel Oven Roasted Turkey Diestel Smoked Turkey Diestel Honey Turkey Diestel Herb Roasted Turkey
 Vegan Chipotle Aioli Honey Mustard contains egg Larrupin Dill Mustard Yellow Mustard Horseradish Salt 	Choose 1 (Extra portion add \$2) Grilled Veggies Organic Avocado Organic Smoked Tofu Shop Tofu Grilled Organic Tofu Shop Tofu
Organic Black Pepper	Cheese Choose 1 (Extra portion add \$1)
\$1 Extras North Coast Deli Hummus Organic Avocado Cranberry Sauce Bacon (2 slices) Nonna Lena's Vegan Pesto	Cream Cheese Jack Muenster Organic Cheddar Pepper Jack Provolone
[]	Smoked Gouda
name: phone:	Phone Ahead 822-5947 Fax Ahead 822-5005
pick-up time:	FAXED orders must have name & phone # Please call to confirm fax order
made by:	