Hot Bar Menu

Lunch & Dinner

11am-8pm

Monday

Turkey Biriyani Vegetable Korma Masala Mac N Cheese Roasted Punjabi Vegetables Basmati Rice

Tuesday

Vegan Shepherd's Pie Turkey Meatloaf Vegan Mashed Potatoes Lemon & Herb Quinoa Roasted Vegetables

Wednesday

Spinach & Mushroom Lasagna
Chicken Marsala
Creamy Polenta
Italian Greens with White Beans
Brown Rice

Thursday

Thai Vegan Curry
Thai Green Curry Chicken
Dragon's Breath Tofu
Coconut Curry Rice
Roasted Vegetables

Friday

Lentil Loaf
Pulled Pork
Kale & Paprika
Bacon Mac N Cheese
Corn & Bell Pepper

Saturday

Braised Beef
Leek Roasted Carrots with Tempeh
Veggie Mac N Cheese
Parsnip Puree
Roasted Vegetables

Sunday

Gyudon Beef with Onion Yasai Udon Garlic Chili Edamame Sushi Rice Pan Seared Bok Choy

Served Daily

House Made Soups Hot Sandwiches



We make our food in-house from scratch with fresh, organic, and seasonally local ingredients, inspired by our community's nutritional needs. Vegetarian, vegan, and gluten-free options are available every day.