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☐ Half Sandwich \$4.50	☐ Whole Sandwich \$7.75
Peanut Butter & Jelly \$3.50	
Bread Choices Choose 1	Vegetables
Whole Wheat Sliced Marble Rye Sliced Sourdough Sliced Dutch Crunch Roll Whole Wheat Roll French Roll Only available as a whole sandwich Alvarado Street Sprouted Bread Brio Focaccia Roll	Organic Lettuce Organic Spinach Organic Tomato Organic Red Onions Organic Carrots Organic Cucumbers Dill Pickle Pepperoncinis Jalapeño Black Olives
Option Without Gluten	Protein Choices Choose 1
Teff wraps	(Extra portion add \$2)
Wraps (whole only) Whole Wheat Spinach Condiments Mayonnaise Organic Vegan Mayonnaise Organic Brown Mustard Organic Olive Oil Organic Red Wine Vinegar	Roast Beef Ham Salami Pastrami Tuna Salad Bacon (4 slices) Diestel Oven Roasted Turkey Diestel Smoked Turkey Diestel Honey Turkey Diestel Herb Roasted Turkey
Vegan Chipotle Aioli	,
Honey Mustard contains egg Larrupin Dill Mustard Yellow Mustard Horseradish Salt Organic Black Pepper	Alternative Fillings Organic Smoked Tofu Shop Tofu Grilled Organic Tofu Shop Tofu North Coast Deli Hummus North Coast Deli Grilled Veggies Organic Avocado
\$1 Extras	Cheese Choose 1
North Coast Deli Hummus Organic Avocado Cranberry Sauce Bacon (2 slices) Nonna Lena's Vegan Pesto	(Extra portion add \$1) Cream Cheese Jack Muenster Organic Loleta Cheddar Pepper Jack Provolone Smoked Gouda Smoked Cheddar Swiss
name:	Phone Ahead 822-5000
phone: pick-up time:	Fax Ahead 822-5005 FAXED orders must have name & phone # Please call to confirm fax order
Pick of Illie.	