



## Sales list 5/29 - 6/11

Bulk Department	Product Name	Size	Sale	Coupons
Bulk	Organic Roasted and Salted Pistachios	per pound	8.99	
Bulk	Organic Pinto Beans	per pound	1.89	
Bulk	Organic Rolled Oats	per pound	.99	
Bulk	Organic Chinese Pumpkin Seeds	per pound	3.69	
Equal Exchange	Select Organic Coffee Blends	per pound	8.99	

Refrigerated	Product Name	Size	Sale	Coupons
Bellwether Farms	Sheep's Milk Plain Yogurt	16 oz	4.69	
Kevita	Organic Kombucha and Tonics	15.2 oz	2/5.00	
Kite Hill	Cream Cheese Alternative	8 oz	5.39	
Kite Hill	Almond Milk Yogurt	5.3 oz	2/3.00	
Kite Hill	Greek Style Non Dairy Yogurt	5.3 oz	2/3.00	
Living Harvest	Tempt Coconut Hempmilk, Unsweetened	32 oz	2.69	
Maple Hill Creamery	Organic Kefir	32 oz	4.39	
Miyoko's	Organic Nut Cheese	6.5 oz	6.99	
Organic Valley	Organic 1% Lactose Free Milk	64 oz	4.99	
Organic Valley	Organic 2% Lactose Free Milk	64 oz	4.99	
Organic Valley	Organic Lactose Free Whole Milk	64 oz	4.99	
Organic Valley	Organic 2% Chocolate Milk	32 oz	2.99	
Organic Valley	Organic Heavy Whipping Cream	16 oz	3.49	
Redwood Hill Farm	Goat Milk Kefir	32 oz	5.39	
Redwood Hill Farm	Goat Milk Yogurt	6 oz	3/5.00	
Siggi's	Skyr Yogurt	5.3 oz	5/5.00	
Straus	Organic Whole Milk Plain Yogurt	16 oz	3.39	
Straus	Organic Whole Milk Plain Yogurt	32 oz	7.69	
Straus	Organic Nonfat Plain Yogurt	32 oz	7.69	
Tofurky	Deli Slices	5.5 oz	2.99	55¢ off any item
Tofurky	Slow Roasted BBQ Chick'n Chunks	8 oz	2.99	55¢ off any item

Frozen	Product Name	Size	Sale	Coupons
American Flatbread	Frozen Pizzas	7.6-9.1 oz	6.39	
Applegate Farms	Gluten Free Chicken Nuggets	8 oz	5.39	
Applegate Farms	Gluten Free Beef Corn Dogs	10 oz	6.69	
Canyon Bakehouse	Gluten Free Seven Grain Bread	18 oz	4.39	
Julie's Organic	Ice Cream Sandwich	6 pack	5.99	\$1.00 off any item
Julie's Organic	Fudge Bar	4 pack	3.99	\$1.00 off any item
Julie's Organic	Petite Ice Cream Sandwiches	8 pack	5.99	\$1.00 off any item
Luna & Larry's	Organic Coconut Bliss	pint	4.39	
Rudi's	Organic Whole Wheat Hamburger Bun	18 oz	3.99	
Rudi's	Organic Wheat Hamburger Buns	18 oz	3.99	
Rudi's	Organic Wheat Hot Dog Buns	18 oz	2.99	
So Delicious	Double Chocolate Cashew Milk Ice Cream Bars	4 pack	3.99	
So Delicious	Sea Salt Caramel Cashew Milk Ice Cream Bars	4 pack	3.99	
So Delicious	Mini Coconut Milk Ice Cream Bars	4 pack	3.99	



**Over 100 more deals on our shelves!**

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<b>Frozen</b>	<b>Product Name</b>	<b>Size</b>	<b>Sale</b>	<b>Coupons</b>
Three Twins	Organic Vanilla Sundae Cones	3 pack	4.69	
<b>Grocery</b>	<b>Product Name</b>	<b>Size</b>	<b>Sale</b>	<b>Coupons</b>
Ahhhaska!	Ahh!Some Organic Chocolate Dairy-Free Syrup	22 oz	4.99	
Annie's Homegrown	Pasta & Cheese Dinners	5.25-6 oz	5/5.00	
Annie's Homegrown	Family Size Pasta Dinners	10.5 oz	2.69	
Beanitos	Snack Chips	6 oz	2/5.00	
Beanitos	White Bean Cheese Puffs	7 oz	2/5.00	
Bionaturae	Organic Balsamic Vinegar	17 oz	4.69	
Bionaturae	Organic Extra Virgin Olive Oil	25.4 oz	15.99	
Bionaturae	Organic Fruit Nectars	25.4 oz	3.39	
Almond Breeze	Almond Milk, Original	64 oz	3.99	
Almond Breeze	Almond Milk, Unsweetened	64 oz	3.99	
Almond Breeze	Almond Milk, Unsweetened Vanilla	64 oz	3.99	
Boulder Canyon	Kettle Potato Chips	5 oz	2/4.00	
California Olive Ranch	Extra Virgin Olive Oil Varieties	16.9 oz	10.99	
Luna	Nutrition Bars	1.69 oz	5/5.00	
Dang	Toasted Coconut Chips	1.43 oz	1.99	
Dang	Toasted Coconut Chips	3.17 oz	2.99	
Dang	Caramel Sea Salt Coconut Chips	1.43 oz	1.99	
Dang	Salted Cacao Coconut Chips	2.82 oz	2.99	
Dr. Kracker	Organic Seed Crackers	6 oz	2.99	
Earth Balance	Vegan Cheddar Squares	6 oz	2.99	
Eden Foods	Organic Canned Beans	15 oz	3/5.00	
Eden Foods	Organic Black Beans with Rice	15 oz	1.79	
Eden Foods	Organic Chili Beans with Quinoa	14.5 oz	2.99	
Eden Foods	Organic Adzuki Beans	15 oz	1.99	
Eden Foods	Organic Cannellini Beans	15 oz	1.99	
Eden Foods	Organic Lentils with Onion	15 oz	1.79	
Field Day	Organic Ketchup	24 oz	2.39	
Field Day	Organic Yellow Mustard	8 oz	1.99	
Field Day	Organic Stoneground Mustard	8 oz	1.99	
Frontera	Salsa	16 oz	2.99	
Guayaki	Organic Maté Beverages	16 oz	2.39	
Guayaki	Organic Carbonated Maté Drinks	12 oz	2/4.00	
High Brew	Ready to Drink Coffee Beverages	8 oz	1.99	
Honest Kids	Organic Fruit Juice Drink Pouches	8-pack	3.39	
Larabar	Organic Fruit and Nut Bars	1.6 oz	4/5.00	
Late July	Organic Dippers Corn Chips	8 oz	2/5.00	
Lotus Foods	Organic Specialty Rice Varieties	15 oz	3.99	
Lotus Foods	Arare Rice Crackers	5 oz	2.99	
Lundberg	Organic Rice Cakes	8.5-10 oz	2.99	
Manitoba Harvest	Organic Hemp Hearts	7 oz	5.99	
Manitoba Harvest	Hemp Seeds	16 oz	9.99	
Mom's	Breakfast Cereals	16-20 oz	2.69	
Nature's Path	Oatmeal	8 oz	3.99	
Nature's Path	Organic Hemp Plus Granola	11.5 oz	3.69	
Near East	Spanish Rice Mix	6.75 oz	1.69	
Near East	Rice Pilaf Mix	6 oz	1.69	
Near East	Roasted Garlic and Olive Oil Couscous Mix	5.8 oz	1.69	
Near East	Couscous and Quinoa Mixes	4.7-6.17 oz	2.19	
Once and Again	Smooth No-Stir Almond Butter	16 oz	8.99	



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Once and Again	Organic Sesame Tahini	16 oz	6.99	
Once and Again	Organic Almond Butter	16 oz	14.99	
Pacific Natural Foods	Organic Oat Drink	32 oz	2.19	
Pacific Natural Foods	Organic Vanilla Oat Drink	32 oz	2.19	
Pacific Natural Foods	Hemp Milk	32 oz	2.99	
Pacific Natural Foods	Vanilla Hemp Milk	32 oz	2.99	
Pacific Natural Foods	Chocolate Hemp Milk	32 oz	2.99	
Pacific Natural Foods	Unsweetened Original Hemp Milk	32 oz	2.99	
Pacific Natural Foods	Unsweetened Vanilla Hemp Milk	32 oz	2.99	
Pamela's	Whenever Oat Bars	5 pack	3.69	
Pamela's	Fig and Fruit Bars	9 oz	3.99	
Peace Cereal	Assorted Breakfast Cereals	10-14 oz	2/6.00	
Peeled Snacks	Pea Puffs w/ Sea Salt	3.3 oz	2/4.00	
Peeled Snacks	Pea Puffs, Garden Herb	3.3 oz	2/4.00	
R.W. Knudsen	Organic Tomato Juice	32 oz	2.39	
R.W. Knudsen	Organic Orange Carrot Juice	32 oz	2/6.00	
R.W. Knudsen	Organic Blueberry Pomegranate Juice	32 oz	2/6.00	
R.W. Knudsen	Organic Cranberry Blueberry Juice	32 oz	2/6.00	
R.W. Knudsen	Organic Cranberry Pomegranate Juice	32 oz	2/6.00	
Rustic Crust	Cheesy Herb Pizza Crust	13 oz	3.69	
Safe Catch	Elite Wild Tuna	5 oz	2/5.00	
Stretch Island	Fruit Leathers	.5 oz	5/2.00	
Stretch Island	Organic Fruit Bites	5 pack	3.39	
Stretch Island	Organic Fruit Leathers	.5 oz	2/1.00	
Teeccino	Chicory Root Herbal Tea Blends	10 bags	3.99	
Terra	Sweets & Beets Chips	6 oz	2/5.00	
Terra	Exotic Potato Blend Chips	5.5 oz	2/5.00	
Terra	Plantain Chips w/ Sea Salt	5 oz	2/5.00	
Way Better	Tortilla Chips	5.5 oz	2/4.00	

<b>Home &amp; Pet</b>	<b>Product Name</b>	<b>Size</b>	<b>Sale</b>	<b>Coupons</b>
Ecos	Earth Friendly Dishmate Dish Liquid	25 oz	2.69	
Ecos	Earth Friendly Wave Auto Dish Liquid	40 oz	3.79	
Seventh Generation	Cypress Toilet Cleaner	32 oz	3.39	
Seventh Generation	Glass Cleaner	32 oz	3.39	
Seventh Generation	Lemon-Thyme Bathroom Cleaner	26 oz	3.39	
Seventh Generation	Multi-Surface Wipes	35 ct	3.39	
Seventh Generation	Multi-Surface Wipes	70 ct	5.69	
Wellness	Canned Dog Food Stews	12.5 oz	2.69	
Wellness	Canned Cat Food Entreés	5.5 oz	2/3.00	
Wellness	Kittles Crunchy Cat Treats	2 oz	1.69	
World Centric	Compostable Straws	50 ct	1.99	
World Centric	Cornstarch Based Assorted Disposable Flatware	24 ct	1.99	

<b>Wellness</b>	<b>Product Name</b>	<b>Size</b>	<b>Sale</b>	<b>Coupons</b>
Alba	Sunscreen Spray SPF 50	6 oz	9.99	
Alba	Fragrance Free Mineral Sunscreen SPF 30	4 oz	6.99	
Alba	Sport Sunscreen SPF 45	4 oz	6.99	
Alba	Fragrance Free Sunscreen SPF 30	4 oz	6.99	
Alba	Lavender Sunscreen SPF 45	4 oz	6.99	
Alba	SPF 30 Sunscreen for Face	4 oz	6.99	
Alba	Kids Sunscreen SPF 45	4 oz	6.99	
Alba	Aloe Sunscreen SPF 30	4 oz	6.99	
Alba	Kona Coffee Sun Lotion	8.5 oz	6.99	
Alba	Coconut Sunscreen SPF 15	4.5 oz	6.99	



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<b>Wellness</b>	<b>Product Name</b>	<b>Size</b>	<b>Sale</b>	<b>Coupons</b>
Elemental Herbs	All Good Goop Healing Balm	1 oz	6.99	
Elemental Herbs	All Good Goop Healing Balm	2 oz	10.99	
Elemental Herbs	All Good Deodorant	2.5 oz	5.99	
All Terrain	Fabric Bandages	20-40 ct	2.99	
All Terrain	Poison Ivy and Oak Spray	2 oz	5.99	
All Terrain	Poison Ivy and Oak Bar Soap	4 oz	5.99	
Avalon Organics	Shampoos and Conditioners	11 oz	5.99	
Crystal	Travel Stick Mineral Deodorant	1.5 oz	1.99	
Crystal	Roll-On Mineral Deodorant	2.25 oz	3.39	
Crystal	Mineral Pomegranate Body Spray	4 oz	3.39	
Crystal	Mineral Deodorant Spray	4 oz	2.99	
Derma-E	Vitamin C Intensive Night Cream	2 oz	14.99	
Derma-E	Hydrating Face Wipes	25 ct	4.99	
Derma-E	Hyaluronic Acid Cleanser	6 oz	9.99	
Derma-E	Hydrating Day Cream	2 oz	19.99	
Derma-E	Hydrating Night Cream	2 oz	19.99	
Derma-E	Hyaluronic Acid Hydrating Mist	2 oz	8.99	
Derma-E	Vitamin A Retinol Cream	4 oz	9.99	
Derma-E	Vitamin A Eye Cream	.5 oz	9.99	
Derma-E	Vitamin E Oil, 14,000 units	2 oz	7.99	
Derma-E	Purifying Gel Cleanser	6 oz	9.99	
Derma-E	Purifying Charcoal Mask	1.7 oz	12.99	
Derma-E	Purifying Daily Detox Scrub	4 oz	9.99	
Derma-E	Vitamin E Body Lotion, Fragrance Free	8 oz	8.99	
Derma-E	Scar Gel	2 oz	12.99	
Derma-E	Psorzema Crème	4 oz	12.99	
Derma-E	Skinbiotics Treatment Cream	4 oz	14.99	
Derma-E	Tea Tree & E Antiseptic Creme	4 oz	9.99	
Dr. Bronner's	Bar Soap	5 oz	2/6.00	
Essential Oxygen	Organic Brushing Rinse, Peppermint	16 oz	8.99	
Essential Oxygen	Organic Brushing Rinse, Peppermint	3 oz	3.99	
Essential Oxygen	Hydrogen Peroxide, 3%	8 oz	5.99	
Essential Oxygen	Mint Tooth Polish	2 oz	5.99	
Herban Cowboy	Body Wash	18 oz	5.99	
Kirk's	Castile Bar Soap	4 oz	1.49	
Manitoba Harvest	Hemp Protein Powder	16 oz	12.99	
Manitoba Harvest	Organic Hemp Protein Powder w/ Fiber	16 oz	11.99	
Manitoba Harvest	Organic Chocolate Hemp Protein Powder	16 oz	12.99	
Manitoba Harvest	Organic Vanilla Protein Powder	16 oz	12.99	
Naturtint	Natural Hair Color	box kit	12.99	
Nutiva	Organic Hempseed Oil	8 oz	5.99	
Nutiva	Organic Hempseed Oil	16 oz	12.99	
Nutiva	Organic MCT Oil	16 oz	17.99	
Seaweed Bath Company	Citrus Vanilla Body Cream	6 oz	8.99	
Tom's of Maine	Simply White Mint Gel	4.7 oz	3.99	
Tom's of Maine	Sensitive Toothpaste w/ Fluoride, Soothing Mint	4 oz	4.99	
Tom's of Maine	Sensitive Toothpaste, Wintermint	4 oz	3.99	
Tom's of Maine	Cool Mountain Mint Mouthwash	16 oz	3.99	
Tom's of Maine	Peppermint Wave Mouthwash	16 oz	3.99	
Tom's of Maine	Stick Deodorant	2.25 oz	4.99	
Tom's of Maine	Propolis & Myrrh Toothpaste	5.5 oz	3.99	
Tom's of Maine	Fluoride Free Toothpaste, Tartar Control+Whitening	5.5 oz	3.99	
Tom's of Maine	Whole Care Toothpaste	4.7 oz	3.99	
Weleda	Children's Tooth Gel	1.7 oz	4.99	
Weleda	Citrus Deodorant Spray	3.4 oz	8.99	
Weleda	Salt Toothpaste	2.5 oz	4.99	



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